

POVERTY REPORT CARD SNAPSHOT FOR ACTION



Food Banks
Canada

Banques
alimentaires
Canada



NATIONAL OVERVIEW

CANADA



OVERALL GRADE

REPORT CARD HIGHLIGHTS

Unemployment rate:



Food insecurity rate:



Legislative progress:



JOIN US AND HELP
ADVOCATE FOR CHANGE

CONTEXT

After years of rising hardship, there are signs that Canada may be turning a corner. Food insecurity remains at record highs, but early signs of progress — like easing housing pressures and new social programs — offer hope. The challenge now is follow-through: ensuring programs are adequate, accessible, and targeted to those most in need. With federal priorities shifting toward fiscal restraint and defence spending, provincial and territorial action is more important than ever.

KEY FINDINGS

Food insecurity hits all-time high

In two years, the food insecurity rate in Canada rose from 18.4% to 25.5% – an alarming 39% increase.

Unemployment keeps climbing

Unemployment is up 34% since 2023, and the impact is even greater for young people.

Modest yet promising legislative action

Action on school food, dental care, and pharmacare is a start, but housing and unemployment supports still need attention.

SELECT POLICY FINDINGS

- Commit to reducing food insecurity by half in 2030.
- Enshrine automatic tax filing into law. Automatic tax filing could unlock billions in unclaimed benefits for low-income Canadians.
- Commit to bolster the Canada Disability Benefit. Review the adequacy and accessibility of the CDB within 18 months with provincial and territorial partners.